

## Betty's Bay

Betty's Bay is a coastal town situated between Kleinmond and Pringle Bay. Just off the R44 lies the Harold Porter National Botanical Gardens . This piece of land was bought in 1938 to preserve its beauty for future generations. Lovely walks can be taken here and there is also a restaurant within the Gardens that could be visited for light meals or drinks.

Kogelberg Biosphere reserve is often referred to as being the 'heart of the fynbos kingdom' and hiking through these mountains you have the opportunity to see 1600 different plant species which can be found within the reserve. Permits can be obtained at the Oudebosch Office in the reserve. A visit to Stoney Point is a must. This is a breeding colony to the Jackass Penguin. You can take a stroll along the boardwalk and watch these cute little birds going about their daily business and if you are lucky you might spot a whale or two. Visit the new Rose Gallery in the main road or take a break at any of the restaurants in the village.

There are many outdoor activities that await you in Betty's Bay and surrounds. These include sandboarding down the magnificent Silversands dune, surfing and swimming, hiking the Leopard's Gorge Trail or up to Disakloof waterfall in the botanical gardens. Angling from the surf or the rocks. white water rafting, tubing and canoeing on the Palmiet River or mountain biking through the Kogelberg Nature Reserve. For further queries, call (028) 271 5138.

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