

What activities are on offer in the Overberg, and where will I find them?

4x4 trails and quad biking – all over

Bird-watching – all over, Stanford has over 220 species of birds www.birding-africa.com

Boating – Hermanus lagoon/yacht club, Theewaterkloof Dam, Villiersdorp

Caving – Gansbaai, De Kelders, Agulhas

Fishing – all over

Gambling – Caledon Casino

Golf – Arabella, Kleinmond, Kleinbaai, Hermanus, Swellendam, Elgin, Caledon, Riviersonderend

Hiking – Many places

Horse Riding – Most Towns

Mountain Biking/Cycling – Most towns

Paragliding – Most towns offer Paragliding

River Rafting, Canoeing – Swellendam, Kleinmond

Rock Climbing - Kleinmond

Spas – Caledon Hotel and Spa, Arabella Hotel and Spa

Sand-boarding – Betty's Bay

Scuba Diving – Hermanus, Gansbaai, Witsand

Shark Diving – Gansbaai

Shopping – No prominent shopping malls in the Overberg, but you will find shops in the towns.

Surfing - Kogel Bay, Pringle Bay, Hangklip, Betty's Bay, Kleinmond, Hardebaai, Onrus, Hermanus, De Kelders, Gansbaai, Pearly Beach, Cape Infanta

Swimming – Swimming in all the coastal towns, and also in rivers and dams of inland towns.

Whale Watching – Hermanus and the Walker Bay coastline

Wine Tasting – Barrydale, Hermanus, Botriver, Elgin Valley, Villiersdorp