

## What activities are on offer in the Overberg, and where will I find them?

4x4 trails and quad biking – all over  
Bird-watching – all over, Stanford has over 220 species of birds [www.birding-africa.com](http://www.birding-africa.com)  
Boating – Hermanus lagoon/yacht club, Theewaterkloof Dam, Villiersdorp  
Caving – Gansbaai, De Kelders, Agulhas  
Fishing – all over  
Gambling – Caledon Casino  
Golf – Arabella, Kleinmond, Kleinbaai, Hermanus, Swellendam, Elgin, Caledon, Riviersonderend  
Hiking – Many places  
Horse Riding – Most Towns  
Mountain Biking/Cycling – Most towns  
Paragliding – Most towns offer Paragliding  
River Rafting, Canoeing – Swellendam, Kleinmond  
Rock Climbing - Kleinmond  
Spas – Caledon Hotel and Spa, Arabella Hotel and Spa  
Sand-boarding – Betty's Bay  
Scuba Diving – Hermanus, Gansbaai, Witsand  
Shark Diving – Gansbaai  
Shopping – No prominent shopping malls in the Overberg, but you will find shops in the towns.  
Surfing - Kogel Bay, Pringle Bay, Hangklip, Betty's Bay, Kleinmond, Hardebaai, Onrus, Hermanus, De Kelders, Gansbaai, Pearly Beach, Cape Infanta  
Swimming – Swimming in all the coastal towns, and also in rivers and dams of inland towns.  
Whale Watching – Hermanus and the Walker Bay coastline  
Wine Tasting – Barrydale, Hermanus, Botriver, Elgin Valley, Villiersdorp