

Caledon

Caledon is known as the 'Capital of the Overberg'. Even though to some it is a simply another town along the N2, it does lend itself to some extraordinary history. Lying a mere 120 km from Cape Town heading towards George, it owes its origin to the hot water springs on the slopes of the Klein Swartberg. The hot mineral baths today form part of the Caledon Casino Hotel & Spa, an elegant establishment, known the world over for its warm hospitality, well appointed conference centre, a variety of sporting amenities, beauty clinic and excellent personal service.

Another asset of Caledon is the world-renowned wild flower garden and reserve famed for its splendid display of wildflowers (up to 135 different species of proteas). Beginning and ending at the garden is an enticing 10 km, 3–4 hour walk that traverses the wider area. Along this walk you will find charming pathways and wooden bridges, lawns, picnic spots, indigenous trees, shrubs and prolific birdlife - you may even be lucky enough to spot the endemic Cape Sugarbird. A wild flower show is held every September.

Visit the House Museum at 11 Constitution Street to discover new facts about a past that could perhaps link you to your family tree.

Fly fishermen can enjoy still waters 5 kilometers outside Caledon where the farm also offers many activities for adventure seekers. Among the activities are: trout & carp fishing, 4 x 4 trail, mountain biking, abseiling at the waterfall, hiking on all farm routes, water skiing with own boat and picnicking alongside the beautiful dam.

Accommodation in Caledon ranges from hotels, B&B's, self-catering and award-winning farm accommodation.

- Find Accommodation in Caledon
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Interesting places

The South African Breweries (SAB) involvement in the barley and malting industries

Caledon - History in Photos

Bobby Hendricks

Caledon - Town of the hot springs

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TOURIST INFORMATION Tel:+27 (0) 28 - 2123282 email:tourism@twk.org.za Address: Caledon Tourism Bureau
PO Box 258
Caledon 7230 Municipality:

Tel. +27 (0) 28 - 2143300 Police:+27 (0) 28 -2121212